



TAAOM Fall Seminar
October 27-29, 2023

SCHEDULE

Friday, October 27

6:00pm Current Topics in Ethics and Safety for Acupuncturists 2.0 hrs

Learn the ethics surrounding patient treatment and referrals. Refresh your knowledge of CNT, OSHA and HIPAA guidance for acupuncturists as healthcare professionals. Specific ethics and compliance information as it relates to the practice of acupuncture in the state of Texas will be covered. This seminar will present cases and provide an opportunity for Q and A regarding common areas that lead to investigations and professional discipline of acupuncturists.

Beth Howlett, DAOM

CAE Credits: Ethics & Safety 2

8:00pm **Adjourn**

Saturday, October 28

8:30am Testing and Identification of TCM Herbs 2.0 hrs

Dr. Song will discuss the testing and identification of raw material herbs. The purpose of this lecture is to enhance herbal practice safety and quality. The content covers botanical characteristics, chemical components, common testing methods.

Yaoping 'Violet' Song, PhD, L.Ac

CAE Credits: Herbology 2

10:30am **Break**

10:45am Traditional Nutrition for Modern Times 2.0 hrs

How can we use the powerful understanding of TCM nutrition and physiology for our modern patients? This course will discuss how traditional cultures avoided these "diseases of the modern era" — for example, how the Inuit had a cancer rate of .1% before the introduction of Western foods and how the importing of "new" foods like sugar cane and processed meat in the Victorian era caused the average height to drop from 5'9" to 5 feet — there are precedents in every culture. In addition, we will explore practical strategies to incorporate food and nutrition for both ourselves and our patients.

Will Mitchell, DOM, MS Nutrition, CNS, IFMCP

CAE Credits: Biomedicine .5; Gen. Acupuncture 1.5

12:45pm **Lunch**

1:15pm Foundational Principles of Qigong as Medicine and Personal Practice 1.0 hr

Qigong, the Chinese practice of aligning breath, movement, and awareness for exercise, healing, and martial arts training, extends back more than 4,000 years. Qigong is a practice of intentional focus, breath, and movements. It is a way of improving health, treatment and prevention of disease, and traditionally was a means to increase longevity. It is believed that many body functions may be controlled by oneself. Thus, Qigong is sometimes called self-cultivation and is recognized as a health maintenance technique. This presentation will include a discussion of why the physiology and energetics of Qigong help prevent and stop pain as well as an interactive demonstration of the practice.

Gayl Hubatch, OMD, L.Ac

CAE Credits: Biomedicine 1; Gen. Acupuncture 1.5

2:15pm **Break**

2:30pm. Acupuncture and Myofascial Lines for the Hips, Pelvis, and Low Back 2.5 hrs

This presentation will cover various needling methods for disorders of the hips, pelvis, and lower back. A discussion of functional anatomy, myofascial lines, and differential diagnosis will also be integrated with traditional acupuncture methods. Additionally, movement routines that can be done with distal needling will be demonstrated, and several treatment protocols will be reviewed.

James Spears, MS

CAE Credits: Biomedicine 1; Gen. Acupuncture 1.5

5:00pm **Adjourn**

Sunday, October 29

8:00am Scalp Acupuncture and Electric Acupuncture for Neurological Disorders: Theory, Practice, and Evidence 2.5 hrs

Join us for a comprehensive presentation that delves into the realm of acupuncture techniques for neurological disorders. This engaging session will explore the intriguing synergy between two powerful acupuncture modalities: scalp acupuncture and electric acupuncture. This presentation will guide you through the theoretical foundations, practical applications, and clinical evidence for their effectiveness of this unique combination. Gain valuable insights into how these techniques can be effectively employed to address a wide range of neurological conditions, such as stroke, sports injuries, neuropathy, and more.

Xiaotian Shen, MD (China), L.Ac.

CAE Credits: Biomedicine 1; Gen. Acupuncture 1.5

10:30pm **Break**

10:45am **Treatment Pathways for Pain**

Management: An Integrated Approach 2.5 hrs

In this comprehensive presentation, we delve into the multi-faceted realm of acu-treatment for pain management. Beginning with a focus on localized treatments, we explore the significance of fascial and sinew release, delving into the intricate balance of meridian pathways. The journey culminates in understanding syndrome pattern differentiation, ensuring a holistic view of both diagnosis and treatment. Throughout this exploration, attendees will be enlightened by current research, shedding light on the efficacy and innovative applications of these traditional methods. Whether you're a seasoned practitioner or a curious newcomer, this presentation offers a profound insight into the future of pain management via acu-treatment.

Jing Fan, PhD, MD (China), L.Ac.

CAE Credits: Gen. Acupuncture 2.5

1:15pm **Lunch**

1:45pm **Introduction to Dry Needling, Trigger Points, and Treatment of Myofascial Pain 2.5 hrs**

Learn the history and development of the dry needling technique, how it differs from TCM and other recognized traditional acupuncture practices, supportive evidence, clinical application, and reasoning, safety issues and precautions, as well as the use of electrical stimulation during treatment. Understanding the basis and appropriate applications of this technique can be used to expand an acupuncturist's treatment options.

Carlos Chapa, ND, OMD, L.Ac, Ph.D.

CAE Credits: Biomedicine 1; Gen. Acupuncture 1.5

4:15pm **Adjourn**

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The Texas State Board of Acupuncture Examiners has granted to TAAOM (Approved Provider # CAE00004) a total of 17 hours of CAE credit for this Fall Seminar:

- Biomedicine – 3.5
- General Acupuncture – 9.5
- Herbology – 2.0
- Safety and Ethics – 2.0

These courses may be used for PDAs by NCCAOM for recertification purposes.

Registration Information

TAAOM members save 25%!

You may register for:

- Full weekend..... \$300-TAAOM / \$375-non members
 - Oct 27\$ 45-TAAOM / \$57-non members
 - Oct 28.....\$160-TAAOM/ \$200-non members
 - Oct 29.....\$160-TAAOM/\$200-non members
- Students take 50% off relevant price*

Cancellations: Refunds, less a \$25 processing fee, will be given to registrants before October 20. No refunds after that date.

REGISTER ONLINE at TAAOM.org

REGISTER BY MAIL with check or credit card, please complete the following (please print clearly!):

1. I am a member of TAAOM: yes no
You may apply for membership at TAAOM.org

2. Indicate your registration choice:

Full Weekend Oct 27 Oct 28 Oct 29

3. Contact/billing information

Name _____

State/License # _____

Phone _____

Billing address _____

City, State, Zip _____

Email _____

4. I am paying by:

Check Make check out to TAAOM

MasterCard **Visa**

Name on Card _____

Account# _____

Exp. Date _____ Security Code _____

Signature _____

Mail to:

TAAOM
c/o Wally Doggett
South Austin Community Acupuncture
5700 Menchaca Rd., Suite 300
Austin, TX 78745

Questions???

Contact Leslie Myers – llm@jvmyers.com or you may call **after October 11** 512.585.2118

Speaker Biographical Information

Dr. Carlos Chapa, ND, OMD, L.Ac, Ph.D. is the current President of the AAAOM and active supporter involved in both state and national level for the advancement of the acupuncture profession. After serving as a Marine Medic, he was introduced to Chinese medicine while studying abroad in China. Returning to the US, he went on to receive his Masters of Oriental Medicine from Dongguk University of Oriental Medicine in Los Angeles then headed to S. Korea to train at Jaseng Hospital of Korean Medicine with additional training in Japan, China and Taiwan in various Orthopedic. Styles. Dr. Chapa is also certified in Myofascial Trigger Point Therapies (Dry Needling CMTPT/DN).

Dr. Beth Howlett, DAOM, LAc, is the Vice President of Academics of the AOMA Graduate School of Integrative Medicine and serves as a member of the college scientific review committee and IRB. Prior to moving to Texas, she served as a faculty member at the Oregon College of Oriental Medicine in the areas of research, ethics and jurisprudence, community outreach and comparative health professions and practices. In addition to teaching, Dr. Howlett brings over a decade of experience in non-profit governance and professional leadership through her service on the Oregon Association of Acupuncturists Board of Directors, as the Oregon delegate to the American Society of Acupuncturists and as Chair for the Oregon Collaborative for Integrative Medicine's Board of Directors.

Dr. Jing Fan, PhD, MD (China), L.Ac, is a full-time faculty/professor at AOMA Graduate School of Integrative Medicine While his primary responsibilities are as an educator, researcher and healthcare practitioner, he also served as the director of clinical education for AOMA's three graduate degree programs since 2016, and currently serves as the Director of International and National Academic Research Relationships, International Student Recruitment, and support for research coordination and publication. Before his appointment at AOMA, he had been an orthopedic physician of integrative medicine for 10 years at Jiangsu Province Hospital of Chinese Medicine / Affiliated Hospital of Nanjing University of Chinese Medicine, and finished up two years of postdoctoral research fellowship at Harvard Medical School. Dr. Fan has extensive expertise in the clinical study of Jingfang, Acupuncture, and nonlinear analysis of complex physiological signals during TCM interventions.

Dr. Gayl Hubatch, OMD, L.AC, is a licensed acupuncturist, herbalist, and author. She has led Qigong, and other Bodymind classes while practicing Chinese and energy medicine for over 30 years. She brings a wealth of knowledge to her courses. Dr. Gayl has been a lead trainer through Healer Within Foundation and IIQTC (Integral Institute for Qigong and Tai Chi) at Esalen, Kripalu, Omega Institutes and in several Online global events. QiGong is at the heart of her practice, along with Acupuncture, Herbology, and Bodymind therapies in Austin, TX

Dr. Will Mitchell, DOM, MS Nutrition, CNS, IFMCP is a Doctor of Oriental Medicine and has also received a Masters degree in Human Nutrition with an emphasis on Functional Medicine. He is a certified practitioner through the Institute for Functional Medicine, is certified in the Bredesen Protocol for cognitive decline, and is trained in the Shoemaker protocol for Biotoxin Illnesses. In addition to having had a full-time clinical practice in two states, he has lectured both in the U.S. and Canada to healthcare practitioners on issues ranging from diabetes, endocrine dysfunction, cardiovascular issues, blood chemistry, nutrition, and more. He has also co-written books on insomnia, and reversing cognitive decline. Dr Mitchell has been reading Taoist philosophy and the history of nutrition in past cultures and civilizations for 25 years. A fusion of historic nutrition and cultural eating habits with a deeply involved understanding of modern degenerative diseases has led to this lecture on Traditional Nutrition for Modern Times.

Dr. Xiaotian Shen, MD (China), MPH, Lac. Is currently Medical Director of Professional Clinics with AOMA Graduate School of Integrative Medicine. Dr. Shen taught acupuncture and herbal medicine at two colleges in China and was also a doctor of traditional Chinese medicine at the Teaching Hospital of Chengdu College of Medical Continuing Education. His intellectual curiosity and interest in world cultures and medicine led him to Israel, where he earned a Master of Public Health degree. In his current practice, Shen's medical specialties include pain management, neurological disorders, autoimmune disease treatment, digestive health, psycho-emotional care, and treatment of reproductive concerns. He also tirelessly works to support the larger profession. In addition to contributing to professional journals and participating in ongoing research projects, he is a frequent speaker and national and international conferences.

Dr. Yaoping 'Violet' Song, PhD, LAc, Dr. Song is Director, DAOM Program and Department of Herbal Studies; Clinic Supervisor for AOMA Graduate School of Integrative Medicine. Prior to beginning her employment with AOMA, Dr. Song began her teaching career in 2002, when she took a position as an instructor at Chengdu University. There, she lectured on the science of TCM prescriptions and on TCM herbology and TCM pharmacology. She has participated in research studies that investigated the compatibility, pharmacology, and toxicology of TCM formulas and Chinese ethnic medicine, including Tibetan medicinal herbs. She has also participated in studies funded by research grants from the National Science Foundation of China. Song has been on the faculty at AOMA since 2008.

James Spears, MS, graduated from the International Institute of Chinese Medicine in 2001 with a Masters degree in Oriental Medicine. He has also studied in five university hospitals in Beijing, Shanghai, Chengdu, and Hangzhou. From 2008 - 2011 he led educational tours to China for doctors and post-graduates. He has practiced acupuncture in the US, Vietnam and Thailand. He also offers NCCAOM-approved continuing education classes on myofascial anatomy, Master Tung's points, internal medicine, and more.