



TAAOM Fall Seminar

Replay Available: November 15 – December 11, 2022

### **SCHEDULE**

#### **Replay of Nov. 11 / Group 1**

##### **Current Topics in Ethics and Safety for Acupuncturists 2.0 hrs**

Learn the ethics surrounding patient treatment and referrals. Refresh your knowledge of CNT, OSHA and HIPAA guidance for acupuncturists as healthcare professionals. Specific ethics and compliance information as it relates to the practice of acupuncture in the state of Texas will be covered. This seminar will present cases and provide an opportunity for Q and A regarding common areas that lead to investigations and professional discipline of acupuncturists.

**Beth Howlett, DAOM, LAc.**

*CAE Credits: Ethics & Safety 2*

#### **Replay of Nov. 12 / Group 2**

##### **TCM Herbal Compounding Techniques 2.0 hrs**

Dr. Song will discuss the common components and extract procedures for preparing compound formulas, including: tincture, powder, granule and pill preparation, i.e. Water pills and Honey pills.

**Yaoping 'Violet' Song, PhD, LAc**

*CAE Credits: Herbs 2*

.....

##### **Busting Taboos about Breast Cancer 1.0 hr**

Pam will clarify some common myths, and assumptions about breast cancer causes in her quest to bust taboos. She will also demo some practical acupressure and Qi-exercise tips she innovated and teaches globally following her own mastectomy and survival from metastatic breast cancer.

**Pam Ferguson, Dipl. ABT (NCCAOM),  
Certified Instructor-AOBTA®, LMT (TX)**

*CAE Credits: General Acupuncture 1*

.....

##### **Myofascial Anatomy of the Shoulder Joint, Traditional Points, and Master Tung's Points**

*3.0 hrs*

This class will examine the detailed myofascial anatomy of the shoulder joint, as well as key points for treating the shoulder. Clinical assessments using range of motion tests are also reviewed. The shoulder is a complex joint that can be clinically divided into the anterior, lateral, and posterior regions. Understanding the myofascial and skeletal anatomy of the joint provides many insights into making better point prescriptions. Treatment strategies are given for how to progress through a series of treatments.

**James Spears, MS**

*CAE Credits: Bio-med 1; General Acupuncture 2*

.....

##### **Treating Allergies, Cold, Cough and Covid 2.0 hrs**

Allergies disorders are seen very frequently in our practices. While there are many causes for allergy disorders in Chinese medicine, there are only three common types most encountered in Texas. In this seminar, you will learn the key strategies for the diagnosis and treatment of allergy disorder, including cedar.

Covid and post Covid are seen frequently in the past two and half years in our practice, first through telemedicine, and then in person for post Covid patients. In this seminar, you will learn the key strategies for the diagnosis and treatment of Covid and post Covid.

**Guoen Wang MD (China), L.Ac.**

*CAE Credits: Herbs 2*

.....

#### **Replay of Nov. 13 / Group 3**

##### **Scalp Acupuncture for Stroke Rehabilitation 2.5 hrs**

Stroke is one of the leading causes of disabilities in the US. One of the most effective acupuncture approaches for treating stroke symptoms and its aftermath is scalp acupuncture. This lecture will shed light on the use of International Scalp Acupuncture for stroke rehabilitation. It helps the audience to understand the knowledge on the theories of scalp acupuncture, locations of the lines, energetics, and clinic applications of the scalp lines, as well as a systematic review of the latest evidence-based clinic studies on scalp acupuncture. This seminar also provides the participants the exposure to the techniques and skills of scalp acupuncture.

**Xiaotian Shen, MD (China), L.Ac.**

*CAE Credits: Bio-med 1; General Acupuncture 1.5*

.....

**Dealing with Covid and Long Haul Syndrome 2.0 hrs**

Whether it's spike proteins from the actual COVID virus or COVID vaccine many people are reporting lingering symptoms. These reported symptoms [of "Long COVID"] span a large breadth of cardiopulmonary and neurologic complaints including:

- Fatigue and brain fog
- Neurological symptoms or mental health conditions, including difficulty thinking or concentrating, headache, sleep problems, orthostatic hypotension, pins-and-needles feeling, loss of smell or taste, and depression or anxiety
- Joint or muscle pain
- Heart symptoms or conditions, including chest pain and fast or pounding heartbeat dysautonomia
- Digestive symptoms, including diarrhea and stomach pain
- Blood clots and blood vessel (vascular) issues
- Other symptoms, such as a rash and changes in the menstrual cycle

These symptoms cannot generally be alleviated by drugs. However, based on clinical trials and direct evidence of patient recovery the use of sophisticated nutraceutical protocol has shown to be effective.

**Radhia Gleis, Med, CCN**

*CAE Credits; Bio-med 2*

.....

**Taoist Philosophy with its Application in Chinese Medicine 2.5 hrs**

Dr. Wu begins with a brief introduction on Taoist philosophy, including the origination of Taoist religion, the main contents of Taoist philosophy (inaction, simplicity, follow the trend and living in harmony with nature, etc), the representatives and works of Taoist philosophy and the difference between Taoist and Buddhist philosophies. The lecture then focuses on the application of Taoist philosophy in Chinese medicine, such as living in sync with nature, regulating yin and yang, balancing five elements, the concept and practice of harmonizing therapy and the practice of longevity therapy (Chinese alchemy therapies).

**Jaimie (Qianzhi) Wu, Ph.d, MD (China), L.Ac.**

*CAE Credits: General Acupuncture 2.5*

.....  
The Texas State Board of Acupuncture Examiners has granted to TAAOM (Approved Provider # CAE00004) a total of 17 hours of CAE credit for this Fall Seminar:

- Biomedicine - 4
- General Acupuncture - 7
- Herbology - 4
- Safety and Ethics - 2

These courses may be used for PDAs by NCCAOM for recertification purposes.

**Registration Information**  
*TAAOM members save 25%!*

**You may register for:**

Full weekend..... \$300-TAAOM / \$375-non members  
 Nov 11 .....\$ 45-TAAOM / \$57-non members  
 Nov 12.....\$160 TAAOM/ \$200-non members  
 Nov 13.....\$140-TAAOM/\$175-non members  
*Students take 50% off relevant price*

**REGISTER ONLINE** at TAAOM.org

**REGISTER BY MAIL** with check or credit card, please complete the following (please print clearly!):

1. I am a member of TAAOM:  yes  no  
You may apply for membership at [TAAOM.org](http://TAAOM.org)

2. Indicate your registration choice:

Full  Group 1  Group 2  Group 3

3. Contact/billing information

Name \_\_\_\_\_

State/License # \_\_\_\_\_

Phone \_\_\_\_\_

Billing address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

4. I am paying by:

**Check** *Make check out to TAAOM*

**MasterCard**  **Visa**

Name on Card \_\_\_\_\_

Account# \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

**Mail to:**

TAAOM  
c/o Wally Doggett  
South Austin Community Acupuncture  
5700 Menchaca Rd., Suite 300  
Austin, TX 78745

**Questions???**

Contact Leslie Myers – [llm@jvmyers.com](mailto:llm@jvmyers.com) or 512.585.2118

## Speaker Biographical Information

**Pamela Ellen Ferguson, Dipl. ABT (NCCAOM), AOBTA(®), LMT (TX)** is AOMA's *Asian Bodywork Therapy* Dean Emerita. She is a breast cancer survivor and activist who teaches globally and has authored several books. She is the ABT columnist for *Acupuncture Today* and suggests googling [www.acupuncturetoday.com/PamFerguson](http://www.acupuncturetoday.com/PamFerguson) to access her past columns of interest: *Working with Cancer Survivors* (3/2021, volume 2 #6); *Insights from a Cancer Survivor* (11/2012, volume 13 #7); *Busting Taboos about Breast Cancer*, part 1 (1/2004, Volume 5 #1) and part 2 (3/2004, volume 5 #3)

**Radhia Gleis, MEd, CCN**, Wellness Director at Lake Hills Pharmacy in Austin, has been a Professional in the field of nutrition for over twenty five years; She is a resourceful, and innovative educator who strives to inspire all people, young and old to make a long-lasting commitment to a healthy, meaningful life, through diet and lifestyle. She possesses a deep understanding of the challenges of living a healthy life through good diet, exercise and learning to live stress free. Radhia specializes in weight loss/management, detoxification and diet related diseases, such as diabetes, cardiovascular disease, inflammatory disease, neurobiology and hormones and obesity.

**Dr. Beth Howlett, DAOM, LAc**, is the Vice President of Academics of the AOMA Graduate School of Integrative Medicine and serves as a member of the college scientific review committee and IRB. Prior to moving to Texas, she served as a faculty member at the Oregon College of Oriental Medicine in the areas of research, ethics and jurisprudence, community outreach and comparative health professions and practices. In addition to teaching, Dr. Howlett brings over a decade of experience in non-profit governance and professional leadership through her service on the Oregon Association of Acupuncturists Board of Directors, as the Oregon delegate to the American Society of Acupuncturists and as Chair for the Oregon Collaborative for Integrative Medicine's Board of Directors.

**Dr. Xiaotian Shen, MD (China), MPH, LAc**. Is currently Medical Director of Professional Clinics with AOMA Graduate School of Integrative Medicine. Dr. Shen taught acupuncture and herbal medicine at two colleges in China and was also a doctor of traditional Chinese medicine at the Teaching Hospital of Chengdu College of Medical Continuing Education. His intellectual curiosity and interest in world cultures and medicine led him to Israel, where he earned a Master of Public Health degree. In his current practice, Shen's medical specialties include pain management, neurological disorders, autoimmune disease treatment, digestive health, psycho-emotional care, and treatment of reproductive concerns. He also tirelessly works to support the larger profession. In addition to contributing to professional journals and participating in ongoing research projects, he is a frequent speaker and national and international conferences.

**Dr. Yaoping 'Violet' Song, PhD, LAc**, Dr. Song is Director, DAOM Program and Department of Herbal Studies; Clinic Supervisor for AOMA Graduate School of Integrative Medicine. Prior to beginning her employment with AOMA, Dr. Song began her teaching career in 2002, when she took a position as an instructor at Chengdu University. There, she lectured on the science of TCM prescriptions and on TCM herbology and TCM pharmacology. She has participated in research studies that investigated the compatibility, pharmacology, and toxicology of TCM formulas and Chinese ethnic medicine, including Tibetan medicinal herbs. She has also participated in studies funded by research grants from the National Science Foundation of China. Song has been on the faculty at AOMA since 2008.

**James Spears, MS**, graduated from the International Institute of Chinese Medicine in 2001 with a Masters degree in Oriental Medicine. He has also studied in five university hospitals in Beijing, Shanghai, Chengdu, and Hangzhou. From 2008 - 2011 he led educational tours to China for doctors and post-graduates. He has practiced acupuncture in the US, Vietnam and Thailand. He also offers NCCAOM-approved continuing education classes on myofascial anatomy, Master Tung's points, internal medicine, and more.

**Dr. Guoen Wang MD (China), L.Ac**, served as herbal dean and instructor at AOMA from 1995-2001. He is now in private practice, Acupuncture Plus in Austin, specializing in pain management and treatment of allergies, migraine headaches, anxiety, insomnia and much more using acupuncture and herbal medicine. As a master herbalist, Dr. Wang created a proprietary blend of herbal supplements, tonics and teas for use by his patients. Dr. Wang's stated goal is to free his patients from symptoms and help them stay well "Be symptom free and even medication free."

**Dr. Jaimie (Qianzhi) Wu, Ph.d, MD (China), L.Ac**. Qianzhi Wu began his practice of acupuncture in 1977 under the direction of a veteran barefoot doctor. Dr. Wu later enrolled in TCM universities, where he deepened his knowledge base while studying over the course of ten years at a prestigious university in China. He served as vice professor and medical doctor at the Chengdu University of Traditional Chinese Medicine and its teaching hospital. Wu has been a professor and clinical supervisor at AOMA since 1996 and is Vice President of Faculty and mentor for DAOM program now. Dr. Wu has published over a dozen books and multiple articles on TCM. Dr Wu's new book, [The Treatise on Cold Injured Diseases with its Application](#), will get published in the second half of 2022.